

***Asterisked items are new or significantly changed**

Portland Asperger's Network Resource Directory

(last up dated 10/23/02)

***Disclaimer:** Listing in this resource directory does not constitute an endorsement by Portland Aspergers Network. Resources listed are services, groups and products that serve Asperger's patients and their families. To determine whether the resource is right for your family, you'll have to do a little homework (ask your friends on the e-group for their opinions!). We just want to provide the names and numbers to get you started.*

Support Groups

Autism Medical Information Support Group,

meets the fourth Thursday every month at 7 p.m., OHSU Doernbecher Children's Hospital, 11th floor auditorium classroom. For parents, family members and others interested in autism. Learn about medical information, terminology, autism research and medical interventions. Facilitated by Kathy Henley, parent of a young adult with autism and research assistant for Dr. Gene Stubbs at OHSU. For more information or to register, call Henley at 503-494-1404. No charge.

Clackamas County parent support group for families of high-functioning autistic students. Meets at Community Health Education Center Building, 519 15th St., Oregon City. For more information, call Judy Steele or Deborah Karons at 503-657-2498.

Waverly Children's Home started offering a weekly parent support group in Feb. '01 for parents of children diagnosed with PDD, Asperger's or High-Functioning Autism. Held at Waverly, 3550 S.E. Woodward St. Call Sandy McSkimming at 503-234-7532 for more information. About \$30 per session.

Clark County-based support group for family and friends of those with Asperger's, high-functioning autism, PDD or NLD, meets the second Thursday of each month at Southwest Washington Medical Center's health education wing, 92nd and east Mill Plain, from 7-9 p.m. No cost to attend. For more information, call Andrea Rehm, 360-694-2244.

Adults with Asperger's — The Portland Asperger Syndrome Support Group meets the second Sunday of each month from 3-6 p.m. at the Tabor Heights United Methodist Church, 6161 S.E. Stark St, Portland. For adults 18 and older who are medically or self-diagnosed (peer confirmed) with Asperger Syndrome/ High-Functioning Autism. Individuals wishing to join the group must first contact Roger N. Meyer, facilitator, at rogermeyer@earthlink.net or by phone at 503-666-2776.

Asperger Syndrome Partners Group — Co-facilitators Lisa Lieberman, LCSW and Roger N. Meyer. Meets the Third Monday of every month, 7-9 p.m., Tabor Heights United Methodist Church, 6161 S.E. Stark Street, Portland. A group for couples, one or both of whom are on the autistic spectrum. Membership is by invitation. Partners on spectrum are encouraged to attend the monthly Asperger Syndrome Support Group (see above). Not a marital therapy group. The purpose of the group is to offer insight into and understanding of Asperger Syndrome and its impact on the relationship. For more information, contact Meyer 503-666-2776 or rogernmeyer@earthlink.net

Support for siblings:

SibShop, ARC of Multnomah County, Vicki Smead, 503-223-7279. Starting program again in June 2001. Facilitated by autism specialist from OTAC and a teacher who has a sibling with Down's Syndrome. Once a month, \$8 per session for ARC members and \$12 for non-members.

SibShop, ARC of Clark County; 360-254-1562. Normally meets one Sat./mo., but on hiatus for summer '01.

Sibling program, Shriner's Hospital, Portland; Colleen Maloney, 503-221-3704. Meets with individual families or groups that contract with her, but has no regularly scheduled group meeting.

Great web site on the topic: <http://www.seattlechildrens.org/sibsupp/>

Gluten-Casein Free Diet Support Group, meets at New Seasons Market, intersection of Beaverton-Hillsdale Highway and Scholls Ferry Road. For more information, contact 503-292-1987 ext. 315 or e-mail nutritionist@newseasonsmarket.com.

Bend Redmond Asperger's Syndrome Support (BRASS) — For individuals, families and professionals. Meets the second Tuesday of the month at 11 a.m. in the food court of the Mountain View Mall. For information, contact Linda Newland (OPU@peak.org) or Aleta Root.

Eugene/Springfield parent support group, meets 6:30-8:30 p.m. on the first and third Fridays of the month at Eugene Friends Church, 3495 W. 18th Ave. near Bailey Hill Road. Guest speakers, lending library, no childcare, no charge. For more information, contact Amy Metzger at 541-461-8505 or bgbinc@juno.com

Social Skills Groups

Dr. John McManus, The Abilities Center, 15100 Boones Ferry Road, Lake Oswego, offers social skills training for different age groups. The orientation of the training is to provide understanding of the intent of "the other" and to place the learning of communication skills into a wider context than the mere learning of a script or specific behavior. For more information, call 503-636-0111 or write abilitiescenter@inetaarena.com.

Waverly Children's Home, 3550 S.E. Woodward St., Portland. Waverly offers social skills groups for children and young adults with Pervasive Developmental Disorder, Asperger's Syndrome or High-Functioning Autism. Discuss feelings, friendship, personal space, express emotion, social reciprocity, conversational skills and build confidence. All are supervised by Dr. Derenda Schubert. About \$30 per session. For more information or a screening, call Sandy McSkimming, 503-234-7532. Three different age groups and times:

Children age 8-10, Tuesdays from 4-5:20 p.m.

Children age 4-6, Tuesdays from 1:30-2:30 p.m.

Young Adults age 17-21, Tuesdays from 6-7 p.m.

***Dr. Paul Meyer-Strom**, 1225 N.W. Murray Rd. Suite 210, Portland; 503-526-3444.

Offered a social skills group for youngsters summer of 2002. Call to see if it will be repeated.

Fun, Games and Exercise

Game Club, a monthly video game, board game and Pokemon party for Asperger's and HFA children age 5-18. Held the second Friday of each month. West Linn Lutheran Church, 20390 Willamette Drive, West Linn, 6:30-10 p.m. Cost: free, but potluck snacks and donations encouraged. For more information, call Michelle Kuepker, 503-656-6026 or visit www.gameclubonline.com

***Salem Asperger's-Autism Game League**, a monthly get-together for Autistic/AS children and their parents. Started June 2002. Takes place the second Friday of every month at St. Mark's Lutheran Church in downtown Salem, 6-10 p.m. Video games, pool, movies, socializing and potluck food. For more information, contact Frankie Bixby at 503-831-0618.

Blue Heaven Therapeutic Riding Academy, Estacada. Contact Carrie Perry at 503-630-2250. Horseback riding geared toward kids with special needs, using sidewalkers, front leaders and smaller horses if necessary.

Ethos Inc., a nonprofit music education organization that teaches a variety of classes, offers assemblies in schools etc. Recommended by a Portland Asperger's Network mom. 503-241-8824 or ethos-inc.com.

Little League Challengers Division, Parkrose. Kids with all different disabilities — autism, mental retardation, physical disabilities, play each other in this fun league. Kids age 6-18 can take it easy and hit off the tee or try to swing at a pitch. No outs, just two innings. Lots of cheers, hugs and smiles. The 2001 team managers were Becky and Brian Boyd, 503-255-9547. Other Little Leagues offer Challengers divisions too — I know for sure they have them in Southwest Portland, Vancouver and Troutdale.

Especially for Teens/Young Adults

Portland Asperger's Network Teen Club — Started in Sept. '01. Teens on the spectrum get together at a house or fun location to get to know one another and most of all, have fun! Check for updated schedule and location information on www.aspergersnet.org.

Center on Self-Determination, 3608 S.E. Powell Blvd., Portland; 503-232-9158; www.ohsu.edu/selfdetermination. A program of the Oregon Institute on Disability and Development and the Child Development and Rehabilitation Center (CDRC) at Oregon Health Sciences University. Helps preteens, teens and young adults transition into the "real world." See link to story about Josh Kemp's experience there under "Articles."

Jobs: See description of Roger Meyer's book under books, below. Also check out Temple Grandin's paper on the subject at <http://www.autism.org/temple/jobs.html>

Dealing with law enforcement: <http://policeandautism.cjb.net>

Workshops/Classes/Events for Parents and Teachers

Autism Parent Training Program, sponsored by the Northwest Autism Foundation, Six-week program fee: \$54 per family (includes relatives and friends). Financial Aid available upon request. For additional information contact Timothy Edwards at the Northwest Autism Foundation office, 503-557-2111) or nwautism@uswest.net. (web site www.autism-oasis.com)

Coalition in Oregon for Parent Education (COPE), Salem, 1-888-505-COPE; <http://www.open.org/~orcope/>. To register, contact Karen Ripplinger at 503-968-7030 or copekaren@aol.com. Extensive schedule of workshops held throughout Oregon.

Oregon Department of Human Services Office of Developmental Disabilities offers a wide array of classes around the state for teachers, health care providers and parents. More than 20 classes listed for 2002. Call 503-988-3658 ext. 27275 or visit <http://oddsweb.mhd.hr.state.or.us/Training/allevnts.cfm>.

Oregon Technical Assistance Corp. (www.otac.org, then click AT) offers autism training programs for those who live and work with autistic individuals. Numerous classes and workshops.

Threshold training, Chemeketa Community College, Salem; 503-375-9462; www.understandingautism.org. Ongoing three-part classes for families and professionals wanting to learn more about working with autistic children. One class per month for three months.

The Children's Program, a diagnostic and treatment clinic that treats patients with ADHD, AS and other conditions; 7707 S.W. Capitol Highway, offers classes for children with learning problems and their parents. For more information, call Georgia at 503-452-0307 or visit www.childrensprogram.com

Doctors

Dr. John Liedel, developmental pediatrician, The Children's Program, 7707 S.W. Capitol Hwy., Portland; 503-452-8002.

Dr. Ajit Jetmalani, 2386 N.W. Hoyt St., Portland; 503-228-5909.

Dr. James Schimschock, Emanuel Office Building, 501 N. Graham; 503-281-1900. Pediatric neurologist.

Dr. Mary Kay Wagner, pediatrician, 1130 N.W. 22nd Ave., Portland; 503-295-2546.

Dr. Betty Reiss (pediatrician), Kaiser Rockwood. Call member services at 503-813-2000.

Dr. MaryLynn O'Brien, developmental pediatrician, OHSU; intake 494-8095.

Multidisciplinary teams, Child Development & Rehabilitation Center, OHSU. Doctors involved depend on child's evaluation or intervention needs. Can include speech evaluation, psychiatric evaluation, educational evaluation, physical evaluation, genetic evaluation, metabolic evaluation. Intake no.: 503-494-8095.

Psychiatrists/Psychologists/Psych. Nurse Practitioners

Benson Schaeffer, Ph.D, clinical psychologist. Emanuel Office Building, 501 N. Graham; 503-280-8852.

Jay Edwards, Ph.D, clinical psychologist, Emanuel Office Building, 501 N. Graham, 503-219-9992.

Richard Colman, Ph.D, 5441 S.W. Macadam Ave.; 503-227-4007. Adolescent, child and family-licensed psychologist.

Dr. Paul Meyer-Strom, 1225 N.W. Murray Rd. Suite 210, Portland; 503-526-3444.

***Lori J. Olson**, psychiatric nurse practitioner, 1130 S.W. Morrison Suite 618, Portland; 503-224-6446.

Meg Eastman, Ph.D, The Children's Program, 7707 S.W. Capitol Hwy., Portland; 503-452-8002.

Stephanie Verlinden, PsyD, The Children's Program, 7707 S.W. Capitol Hwy., Portland; 503-452-8002.

Dr. Keith Lowenstein, 9450 S.W. Barnes Rd., Suite 270, Portland; 503-288-8617. Child and adolescent psychiatrist incorporates complementary and alternative medicine into his practice.

Dr. John Gale, Kaiser Beaverton, psychiatrist for children and adults. To access, members can self-refer themselves to mental health switchboard at 503-249-3434.

Naturopaths

Dr. Janina Kneeland, east Portland near 205; 503-257-0650. Performs blood tests for mercury toxicity, believed by some to be a cause of autism.

Natural Choices Health Clinic, 12270 S.W. 2nd Ave., Beaverton; 503-520-8859. Tests for food allergies.

Testing and Rehab

Child Development and Rehabilitation Center (CDRC) at Oregon Health Sciences University, Portland. CDRC is a statewide agency that serves children with special health needs. CDRC has offices and clinical staff in Portland and Eugene. Outreach clinics are held in numerous other Oregon communities. CDRC services include: diagnosis and evaluation; coordination of care; providing subsidies for care for eligible families; training for providers and parents; treatment and/or management. Call 503 494-8095 or 1-800-452-3563, or visit <http://www.ohsu.edu/cdrc/>

Medical Research

Center for the Study of Autism, P.O. Box 4538, Salem, OR 97302; www.autism.org. Provides information to parents and professionals and conducts research on therapeutic interventions.

Research & Training Center on Family Support and Children's Mental Health, Portland State University, 1912 S.W. Sixth Ave., Suite 120, Portland; 503-725-4040; www.rtc.pdx.edu.

Occupational Therapists/Sensory Integration

Neurotherapeutics, a private clinic that specializes in sensory integration therapy, auditory training and listening and has a large knowledge base of developmental disabilities. OT's names are Lynette Burke and Sharron Donnelly. Offices in Oregon City and outer Northeast Portland. Call 503-657-8903.

Cindy Hatch Rasmussen, Therapy Northwest, 5642 River St., West Linn; 503-723-5937.

Pediatric Therapy Services, 30714 S.E. Dodge Park Road, Gresham; 503-663-0332. Sensory integration.

Assistive Technology

Phyllis Petteys, Assistive Technology Center Disability Services for Students/TALN Project, Portland State University; 503-725-8395. Technological tools for communication.

Assistive Technology Funding: Get a detailed guide on funding sources for assistive technology at <http://iod.unh.edu/>

Speech Therapy

Hearing & Speech Institute, 3515 S.W. Veterans Hospital Rd. in Portland or 1217 N.E. Burnside, Bldg. C, Suite 503 in Gresham; call 503-228-6479. Speech and language services for children with autism, speech and language delays or disorders, early reading delays, dyspraxia. Also offers summer intensive language groups.

Kathy Kohama, M.A.-CCC, Washington County; 503-702-2135. Eighteen years of experience working on articulation, language development, stuttering and vocal quality. Individual or small-groups sessions at her office or patient's home.

Social Workers/Advocates/Consultants

Lisa Lieberman, LCSW, 15100 S.W. Boones Ferry Road, Suite 750, Lake Oswego; 503-697-5956. Clinical social worker in private practice who specializes in working with family members where there is a disabled member in the family. Co-facilitates a professional study group of adult counselors interested in learning about AS.

Roger N. Meyer, dba "Of a Different Mind," is a private Asperger Syndrome consultant, case manager, disability advocate, and person-centered planner. He has written a book on Asperger Syndrome and employment (see below), and co-facilitates two support groups for adults with AS (see above). Call 503-666-2776 or write rogernmeyer@earthlink.net

Jane Rake, dba Autism Resources for Independence, is an educational advocate who currently works for Columbia Regional Program Autism Services and will through the end of the '00-'01 school year, serving Multnomah, Clackamas and Hood counties. During the school year, she can't consult for any parents from those counties, but can in all other counties in the metro area. She's also available as an in-home behavior consultant in the metro-area counties and does behavioral consultations for school districts (until June, only outside the CRAS area), for residential provider agencies, and on a private-pay basis with families. Call 503-493-9383 or e-mail her at catseyes@teleport.com.

Vicki Williams, MS Ed., LDS, ED, former special ed teacher and now a professional consultant who trains supervisors, gives tests to children and interprets results, and helps write and consult on IEPs and IEP meetings. Call 503-810-0671

Nancy Frisch, MS, MSW, MSSW, LCSW, OAMFT, 834 S.W. St. Clair Ave., Suite 207, Portland; 503-241-8529. Experienced and published psychotherapist with graduate

degree in special education. Specializes in working with special needs families in the home or at school. Will assist with IEPs. Has a son with Asperger's.

Sharone Lee, executive director of the Threshold program in Salem, developmental autism consultant and parent of an autistic child. Training and workshops for families and professionals; 503-375-9462 or e-mail gridwork@teleport.com. Web site: www.understandingautism.org.

Dentists

Dr. Peter Lax, Doernbecher Children's Hospital/Child Development and Rehabilitation Center Dental Services, 700 S.W. Campus Drive, Portland; 503-418-5799.

Dr. John Shaw, 7717 S.W. 34th Ave., Portland; 503-246-2564. Dr. Shaw has a son with AS and ADHD.

Dr. Richard Park, 5415 S.W. Westgate Drive, Portland; 503-292-9274.

Schools and Educational Resources

Portland Early Intervention Program, 2600 S.E. 71st Ave., Portland. Information: 503-916-5730 Referrals: 503-916-5348. Sandra Pemberton, supervisor. Services for children with special needs from birth to age 5, including preschool services for children age 3-5. Web site: www.pps.k12.or.us/district/depts/speced/peip/. Services offered at several schools throughout Portland area. Free.

Columbia Regional Program, 531 S.E. 14th Ave, Portland.; 503 916-5840 x263; www.pps.k12.or.us/district/depts/speced/crp/. Assists local school districts with needs of disabled children. Testing, consultation, parent seminars, information and referral.

Waverly Therapeutic School (formerly Waverly Day Treatment Center), 3550 S.W. Woodward, Portland. For emotionally or educationally challenged students age 6-13. Children are taught to manage their feelings and build social skills in acceptable ways. Call 503-813-7717.

Fernwood Middle School, 1915 N.E. 33rd Ave., Portland; 503-916-6480.

Has a class for autistic/Asperger's children, limited to 12 students.

Teacher is Linda Singing Bird-Grant.

Stoller Middle School, Beaverton School District, contained AS classroom, MORE INFO TO COME

Thomas Edison High School, 9020 S.W. Beaverton-Hillsdale Highway, Beaverton; 503-297-2336. Small, private high school for children grades 9-12 with learning differences. In 2000-2001, had 65 students: 8 with Asperger's, others with ADD/ADHD, Tourette's, Dyslexia.

Parkrose Autism Center, based at Sacramento Elementary School, 10400 N.E. Sacramento, Portland; 503-408-2800.

NRST School of Science and Technology at Merlo Station, Beaverton;

http://www.beavton.k12.or.us/merlo_station/nrst/home.html. Public magnet school for science and math students, many of whom are talented and gifted.

Oregon Department of Education - Office of Special Education, 255 Capitol Street NE, Salem: www.ode.state.or.us/sped/ or 503-378-3600. Web site includes a complete listing of all staffers and their duties, plus explanations about federal rules and various paperwork, the dispute resolution process etc.

Autism Spectrum Disorders Outcome Study, a collaborative project between PSU and the Oregon Dept. of Education that's tracking the educational progress of dozens of Oregon children with autism as they go through their school years. Five-year study began in 1998. Go to www.autismstudy.pdx.edu/

Summer Camps

Adventures Without Limits, Forest Grove. Children of all abilities/disabilities, age 9-over 18. Year-round activities include four-day summer camp with one-night sleepover. Activities: hiking, environmental studies, rock climbing, rafting, canoeing, kayaking, camping. Run by Community-Based Activity Program (see below). Contact Jill Weir, 503-359-2568 or go to www.awloutdoors.com. Cost in 2000 season: \$180.

Autistic Children's Activity Program, six sites in Portland, Hillsboro, Gresham, Sellwood and West Linn. Day camp serves children 4-18 with autistic spectrum disorders. Activities: field trips to parks, swimming pools, movies; life skills; therapy; some academics. Cost in 2000 season ranged from \$1,200 for two days a week to \$3,000 for full-time; tuition for many campers is paid for by their school districts. Contact Rosemary Chapman, 503-978-3989 or visit www.autism.com/acap.

Camp Easter Seals, Corbett. Serves all children with disabilities ages 6 and up. Five-day residential camp. Activities: arts and crafts, archery, painting, nature exploration, basketball, softball, volleyball, fishing, campfires, dancing, talent show, treasure hunts. Cost in 2000 season: \$600 (fee assistance program available). Contact Wesley McGie, 1-800-244-5289.

Camp Ky-O-Wa, a program run by Portland Parks and Recreation at Roslyn Lake Park, Sandy. Serves children with and without disabilities, ages 5-11. Activities: Boating, swimming. Fishing, trampoline, nature hikes, crafts, field games, camp songs. Four-day day camp. Cost in 2000 season: \$115. Contact Kevin Mattias, 503-823-4328; www.portlandparks.org

Community-Based Activity Program, Forest Grove. Serves children with and without disabilities, age 7-18. Activities: swimming lessons; arts and crafts; field trips to OMSI and zoo; environmental studies; choice of outdoor activities such as kayaking, rafting, backpacking. Day camp. Base cost in 2000 season: \$400, increases with child's special needs. Contact Brad Bafaro, 503-359-2512; www.awloutdoors.com

Gately Summer Day Camp, Portland. Serves ADHD or learning-disabled children age 9-12. Activities: social skill-building activities, art, non-competitive games, outdoor activities, some academics. One-week day camp. Cost in 2000 season: \$210. Contact John Pank or Susan Decker, 503-215-2672.

Mount Hood Kiwanis Camp for Children and Adults with Disabilities, Mount Hood. Serves people age 9-35 of all physical or special needs. Activities: horseback riding, canoeing, swimming, arts and crafts, hiking, camping, outdoor cooking. Skits, challenge course. Six-day residential camp. Cost in 2000 season: \$450. Contact Nancy Zemel, 503-452-7416.

Horizon Summer Camp, Hillsboro. A program designed by Child Development School of Oregon (see above). Autistic children are integrated with typically developing peers. IEP goals incorporated into child's program. Cost in 2001 season: \$1,750. Visit <http://www.cdso.org/camp/camp.html> to learn more.

”Opportunities in Socialization” summer program, Parkrose Autism Center, Sacramento Elementary School, 10400 N.E. Sacramento, Portland; 503-408-2800. See article at www.rtc.pdx.edu/FPinHTML/FocalPointFA01/pgFPfa01Parkrose.shtml

Day care/Respite Care

The Little Angels Center, 5101 Thiessen, Milwaukie; 503-653-6185. Two programs:

1. Ongoing child care for special-needs children age 6 wks to 5 yrs. M-F 8-5, extended hours available for enrolled children. Call for child-care fees.

2. Respite care for special-needs children age 6 wks. to 12 yrs. First and third Saturdays from noon- 9 p.m. Cost for respite care is \$10 per child; siblings welcome too.

Reservations recommended, starting 3rd Monday of previous month.

***Metro Child Care Resource and Referral**, 503-491-4881. Let them know that you have a child who needs an “enhanced referral.” Explain that he has had difficulty with traditional child care, you need someone who has some experience with children who have emotional/behavioral challenges.

***The Inclusive Child Care Project** (1-800-292-4154). Ask for Terry Butler to see if you qualify for their program, which offers a stipend to families who need to hire someone to work one on one, in the home, such as a nanny would. There are some income restrictions to qualify for this program, however it is much more generous than other state entitlement programs. The Inclusive Child Care Project is connected with the State Developmental Disabilities Council.

Legal Assistance & Lawsuits

Oregon Advocacy Center, 620 S.W. Fifth Ave., Fifth Floor, Portland, OR 97204; 503-243-2081; www.oradvocacy.org. Independent non-profit organization that provides legal advocacy services for people with mental or physical disabilities anywhere in Oregon. OAC is designated under federal law as the protection and advocacy system for Oregon, but it is not a part of federal or state government. OAC has attorneys and advocates who assist people with disabilities.

***Special education law web site:** www.wrightslaw.com

Special education law web site: www.reedmartin.com

Class-action lawsuit to force drugmakers to study effects of thimerosal:

www.mercuryvaccinealliance.com

Article about class-action lawsuit mentioned above:

http://www.oregonlive.com/news/oregonian/index.ssf?/xml/story.ssf/html_standard.xml?/base/news/100211020010043389.xml

Portland law firm handling class-action lawsuit on use of thimerosal:

<http://www.wdolaw.com>

Article about class-action lawsuit mentioned above:

http://www.oregonlive.com/news/oregonian/index.ssf?/xml/story.ssf/html_standard.xml?/base/front_page/100203920525265115.xml

Vitamins and Natural Dietary Supplements

Kirkman Labs, Wilsonville, 1-800-245-8282. Source for Vitamin A and non-fishy-tasting cod liver tabs, etc.

Food Front, 2375 N.W. Thurman, Portland, 503-222-5658. Sells Inositol.
iHerb.com: <http://store.yahoo.com/iherb/inositolcap.html>. Another place to buy Inositol.

Web Sites/E-groups/Listserve

O.A.S.I.S. (Online Asperger Syndrome Information and Support):

<http://www.udel.edu/bkirby/asperger/>. The mother of all Asperger's web sites. Almost anything you might want or need will be here.

Autism Society of Oregon: <http://www.teleport.com/~aso/aso.html>. Lots of resources, phone numbers, classes, etc.

Oregon Parents United: www.oregonparentsunited.org Loads of resources on this site.

Future Horizons: <http://www.futurehorizons-autism.com> Books, videos, articles and conferences on autism and Asperger's.

Dr. Tony Attwood: www.tonyattwood.com. World-renowned expert on Asperger's offers tips, research reports, products and his speaking schedule.

Game Club: www.gameclubonline.com (see description above under "Fun and Games" about this West Linn-based event)

Portland Asperger's Network (see top item on list) online community. To join, go to: <http://groups.yahoo.com/group/PDXAspergersNetwork/join> or visit the web site at www.aspergersnet.org.

ASPIRES listserve, an Oregon-based national listserve for individuals, spouses and parents with AS in the family. Contact Linda Newland of Bend at OPU@peak.org or phone 541-389-0004 or visit www.justgathertogether.com/aspires.html.

Autism-PDD Net Oregon resources page: <http://www.autism-pdd.net/LINKS/oregon.html#Health>. Lots of resources here, especially government agencies with contact names and phone numbers.

Autism-Oasis: www.autism-oasis.org These are the folks who brought the wonderful autism conference to the Convention Center in November '00. Now offering a video of the conference for sale. A December 2001 conference is planned; see events above.

Families for Early Autism Treatment (FEAT): www.feat.org or local page for FEAT of Oregon www.rdrop.com/users/feator/. Good links off local page explain education laws, DSM criteria, referral process and agencies. Also features a glossary to help wade through alphabet soup of acronyms we all encounter.

Coalition in Oregon for Parent Education (COPE): 1-888-505-COPE; www.open.org/~orcope. See description of services under Workshops above.

Families of Adults Afflicted With Asperger's Syndrome (FAAAS): www.faaas.org

Cure Autism Now: <http://canfoundation.org/> A non-profit organization of parents, clinicians and scientists dedicated to finding effective biological treatments, prevention and a cure for autism and related disorders.

Child Development and Rehabilitation Center at OHSU: www.ohsu.edu/cdrc/

Maap Services: Supports families of more advanced individuals within the autistic spectrum. Publishes quarterly newsletter. www.maapservices.org

Autism Outreach Project – For families living in Washington state, loads of resources on this site: http://www.esd189.org/Spec_ser/autism/events.html

For parents concerned about their normally developing children in a family with an Asperger's child: <http://ntsibsofasdkids@yahoogroups.com/>

Videos

“Asperger’s Syndrome: A Guide for Parents and Professionals,” a video presentation by Tony Attwood (Future Horizons, 1999). Go to <http://www.futurehorizons-autism.com> or call 1-800-489-0727.

“The Different Shades of Autism,” by Ahead with Autism (www.aheadwithautism.com). Go to web site to order or call 410-956-5882.

Magazines

Autism-Asperger’s Digest Magazine, published by Future Horizons. Six issues per year of information for parents, family members, education professionals and aides, caregivers, speech therapists, OTs, psychologists and diagnosticians. For more information, go to <http://www.aspergersdigest.com>

Articles

Autism series in The Oregonian, Aug. 12-14, 2001:

http://www.oregonlive.com/morenews/oregonian/index.ssf?/xml/story.ssf/html_standard.xsl?/base/news/99736024217397185.xml AND

http://www.oregonlive.com/morenews/oregonian/index.ssf?/xml/story.ssf/html_standard.xsl?/base/news/9980493423448177.xml

Game Club: Article on West Linn-based club, published in The Oregonian, Jan. 2001:

http://www.oregonlive.com/news/oregonian/index.ssf?/news/oregonian/01/01/metrowest/wp_autis04.frame

Asperger’s Classrooms in Seattle: All about Seattle schools creating special classrooms for AS kids in the ‘00-’01 school year:

http://seattletimes.nwsourc.com/news/local/html/98/auti07m_20000807.html

Article on Center for Self-Determination:

www.oregonlive.com/news/oregonian/index.ssf?/news/oregonian/01/04/cu_31josh03.frame

Article on special-needs summer camps in Oregon:

<http://www.oregonlive.com/summercamps/index.ssf?/summercamps/specialneeds.frame>

Lengthy but informative article from California:

<http://www.eastbayexpress.com/issues/2001-07-11/feature.html/page1.html>

Article in Parents magazine, Sept. 2001

<http://www.parents.com/articles/health/2156.jsp?page=1>

Also see articles on previous page under “Legal Assistance & Lawsuits”

Books

* **“The OASIS Guide to Aspergers Syndrome,”** by Patty Romanowski Bashe and Barbara Kirby, with foreword by Tony Attwood. (Crown Books, Nov. 13, 2001, \$27.50. The queens of AS on the web put their findings into book form. A great resource. For more information, visit www.udel.edu/bkirby/asperger.

“The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children,” by Ross Greene (HarperCollins, 1998). This is my personal favorite. It changed everything about how I viewed and dealt with my child’s anger and frustration. Also available on audiocassette.

Web site www.explosivechild.com includes Greene’s speaking schedule.

“Asperger’s Syndrome: A Guide for Parents and Professionals,” by Tony Attwood. (Jessica Kingsley Publishers, 1997). Also on video (see above).

“Pretending to be Normal,” by Liane Holliday Willey. (Jessica Kingsley Publishers, 1999). An adult with AS describes the world as seen through her own eyes.

“Eating an Artichoke, a Mother’s Perspective on Asperger’s Syndrome,” by Echo Fling (Jessica Kingsley Publishers, 2000).

“Asperger Syndrome Employment Workbook : An Employment Workbook for Adults with Asperger Syndrome,” by Roger N. Meyer. (Jessica Kingsley Publishers, 2001). Roger is an adult with AS who belongs to Portland Asperger’s Network.

“Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage and Meltdowns,” by Brenda Smith Myles (Autism Asperger Publishing Co., 1999).

“Asperger Syndrome and Sensory Issues: Practical Solutions for Making Sense of the World,” by Brenda Smith Myles (Autism Asperger Publishing Co., 2000)

“Pervasive Developmental Disorder: Finding a Diagnosis and Getting Help,” by Mitzi Waltz (O’Reilly & Associates, 1999). Portland author offers in-depth look at PDDs. Includes lots of resources in Oregon and info about meds and tests.

“Thinking in Pictures,” by Temple Grandin (Vintage Books, 1996). The amazing story of a brilliant autistic woman who grew up to be a world-renowned designer of beef processing plants and a sought-after speaker. A thoroughly engaging book.

“Unraveling the Mystery of Autism and Pervasive Developmental Disorder: A Mother’s Story of Research and Discovery,” by Karyn Seroussi (Simon & Schuster, 2000). Mom finds dietary changes make a big difference for her autistic child.

“Right-Brained Children in a Left-Brained World,” by Jeffrey Freed and Laurie Parsons (Simon & Schuster, 1997). For ADD children, but contains ideas of how to understand and communicate with a child who thinks differently.

“Autism-PDD More Creative Ideas from Age Eight to Adulthood,” by Janice I. Adams (Adams Publications 1997) Information, resources, analysis, worksheets, group projects and activities to help teach and reach those with autism – including AS -- or PDD).

“The Source for Nonverbal Learning Disorders,” by Sue Thompson (LinguiSystems 1997). NLD is part of the AS problem; this book gives suggestions for school, group activities and individual teaching to overcome the problems of NLD.

“The New Social Story Book,” by Carol Gray (Future Horizons, 1994). Illustrated book contains wide variety of social situations and appropriate responses.

“A Treasure Chest of Behavioral Strategies for Individuals with Autism,” by Beth Fouse and Maria Wheeler (Future Horizons, 1997).

The Special Needs Reading List, by Wilma K. Sweeney (Woodbine House) — Wonderful reference for parents and professionals.

“A Slant of Sun: One Child’s Courage,” by Beth Kephart (W.W. Norton & Co., 1998), Beautifully written story by the mother of a little boy with PDD-NOS (Pervasive Developmental Disorder-Not Otherwise Specified).

“Asperger Syndrome, the Universe and Everything,” by Kenneth Hall (Jessica Kingsley Publishers, \$14.95). Authored by a 10-year-old Irish math genius with AS. See AS for the first time through the eyes of an extremely articulate child. Go to http://www.jkp.com/catalogue/autism/hal_asp.html for more info. To order, contact

American distributors Taylor and Francis at bkorders@taylorandfrancis.com or 1-800-634-7064.

“Asperger Syndrome in the Family: Redefining Normal,” by Liane Holliday Willey (Jessica Kingsley Publishers, \$18). By woman with AS who has two daughters with AS.

“Making Sense of Art: Sensory-Based Activities for Children with Autism, Asperger Syndrome and Pervasive Developmental Disorders,” by Sandra Davalos (Autism Asperger Publishing Co.)

“School Choices in Greater Portland,” by Molly Huffman (Taft Communications, July 2000, \$14.95). Available by special order through Amazon, Powell’s.

***“Hitchhiking Through Asperger’s Syndrome,”** by Lise Pyles (Jessica Kingsley Publishers, 2001, \$18.95); <http://www.jkp.com/catalogue/book.php?isbn=1-85302-937-8>

***“Elijah’s Cup,”** by Valerie Paradiz (Free Press, \$25). Author writes about the process of discovering her son’s autism and meeting others in her community with AS.

Asperger’s Books for Kids

“Blue Bottle Mystery: An Asperger’s Adventure,” by Kathy Hoopmann (Jessica Kingsley Publishers, \$11). Fantasy story for kids age 9-11. Hero of story has AS.

“This is Asperger’s Syndrome,” by Elisa Gagnon and Brenda Smith Myles (Autism Asperger Publishing, \$12.95). For ages 6-12.

“Asperger’s, Huh? A Child’s Perspective” by Rosina G. Schnurr, John Strachan (Anisor Publishing, \$18). Helps explain the syndrome to children age 6-12.

The Special Needs Project, a source for books about various disabilities, including lots of children’s books (www.specialneeds.com).

Books for Partners of Those With Asperger’s

“The Other Half of Asperger’s Syndrome,” by Maxine Aston (U.K., National Autistic Society, \$16). Distributed through Oregon-based ASPIRES, a partners support group. For information about availability or shipping, contact Roger Meyer at 503-666-2776 or rogernmeyer@earthlink.net.

Books I’ve been too lazy to

look up the publishing information on:

“Asperger Syndrome: A Practical Guide for Teachers,” by Val Cumine, Julia Leach, Gill Stevenson

“Asperger Syndrome,” by Ami Klin, Fred Volkmar, Sara S. Sparrow

“Sensory Defensiveness in Children Aged 2-12: An Intervention Guide for Parents and Other Caretakers,” by Patricia Wilbarger, Julia Leigh Wilbarger

“Helping the Child Who Doesn’t Fit In,” by Stephen Nowicki, Jr., Marshall P. Duke

“The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction,” by Carol Stock Kranowitz

“Dreamers, Discoverers & Dynamos: How to Help the Child Who is Bright, Bored, and Having Problems in School,” by Lucy Jo Palladino

“Survival Strategies for Parenting Your ADD Child: Dealing with Obsessions, Compulsions, Depression, Explosive Behavior and Rage,” by George T. Lynn

- “Learning Outside the Lines: Two Ivy League Students with Learning Disabilities and ADHD Give You the Tools for Academic Success and Educational Revolution,”** by Jonathan Mooney and David Cole
- “A.D.D. and Creativity,”** by Lynn Weiss
- “The Parents' Guide to Alternatives in Education,”** by Ronald E. Koetzsch
- “Straight Talk about Psychiatric Medications for Kids,”** by Timothy E. Wilens
- “Consumer's Guide to Psychiatric Drugs,”** by John D. Preston, John H. O'Neal, Mary C. Talaga
- “The Essential Guide to Psychiatric Drugs,”** by Jack M. Gorman
- “How to Give Your Child a Great Self-Image,”** by Debora Phillips, Fred Bernstein
- “The Optimistic Child,”** by Martin E. P. Seligman
- “Learned Optimism,”** by Martin E. P. Seligman
- “Help Me, I'm Sad,”** by David G. Fassler, Lynne S. Dumas
- “Parenting the Strong-Willed Child,”** by Rex Forehand, Nicholas Long
- “The Difficult Child,”** by Stanley Turecki, Leslie Tonner
- “The Challenging Child,”** by Stanley I. Greenspan
- “Your Defiant Child: 8 Steps to Better Behavior,”** by Russell A. Barkley, Christine M. Benton
- “Raising Your Spirited Child,”** by Mary Sheedy Kurcinka
- “Raising Your Spirited Child” workbook,** by Mary Sheedy Kurcinka
- “P.E.T. in Action,”** by - Thomas Gordon
- “How to Talk so Kids Will Listen & Listen So Kids Will Talk,”** by Adele Faber, Elaine Mazlish
- “Positive Discipline,”** by Jane Nelson
- “Tired of Nagging? 30 Days to Positive Parenting,”** by Virginia Stowe, Andrea Thompson
- “Discipline without Shouting or Spanking,”** by Jerry Wyckoff, Barbara C. Unell
- “Resolving Family and Other Conflicts,”** by Mendel Lieberman, Marion Hardie